

## **Project New Day**

## **Virtual Consultation with Life Coach**

## **Call Guide:**

Thank you for all of the responses you have shared with me thus far. We are reaching the end of the interview and our final block of questions for review. I would like to take a moment to ask you a few final questions to ensure that we have gathered all of the necessary details that may be pertinent to processing your eligibility. Are you ready to continue?

Q1. What is your purpose for pursuing psychedelic assisted coaching?
Q2. What are your expectations going into psychedelic experience?
Q3. Would you like to share anything about your history of substance use, including current substance use, that you feel has not been addressed?

**Q4.** Would you like to share any other details regarding past experiences with psychedelics or altered states of consciousness that you feel you were not able to cover in your last interview?

<b>Q5.</b> Would you like to share any information about your relationships or living situation that may help to create context for future goal setting?
<b>Q6.</b> Would you like to share any information about your educational or work environment that may help us to better understand who you are?
<b>Q7.</b> How would you describe your ideal life? Consider what your environment might look like, the traits or qualities you might have developed, what career you have pursued, what kinds of people you are surrounded by?

-Review and record responses, and prompt further inquiry where necessary to bring clarity to responses. While this is meant to be an introduction between client and life coach, this phase also works to screen for clients that display characteristics that may not be conducive to completing PND's healing program. The life coach has the authority to exclude clients after this interview if any of the following characteristics are perceived by the PND coach.

- Feeling of instability
- Lack of motivation/ or motivation that is coming from others and not the self
- Aggressiveness
- Lack of rationality